Organizations & Lists of Resources

* [Brooklyn Public Library: Talking About Gun Violence with Children: Supporting Early Conversations](https://www.bklynlibrary.org/blog/2022/05/25/talking-about-gun) - many excellent resources in here
	+ Of note: American Red Cross - Helping Children Cope with Disaster (available in):
* [English](https://www.redcross.org/content/dam/redcross/atg/PDF_s/Preparedness___Disaster_Recovery/General_Preparedness___Recovery/Emotional/Helping_children_cope_with_disaster_-_English.pdf)
* [Chinese](https://www.redcross.org/content/dam/redcross/atg/PDF_s/Preparedness___Disaster_Recovery/General_Preparedness___Recovery/Emotional/Helping_children_cope_with_disaster_-_Chinese.pdf)
* [Korean](https://www.redcross.org/content/dam/redcross/atg/PDF_s/Preparedness___Disaster_Recovery/General_Preparedness___Recovery/Emotional/Helping_children_cope_with_disaster_-_Korean.pdf)
* [Spanish](https://www.redcross.org/content/dam/redcross/atg/PDF_s/Preparedness___Disaster_Recovery/General_Preparedness___Recovery/Emotional/Helping_children_cope_with_disaster_-_Spanish.pdf)
* [Tagalog](https://www.redcross.org/content/dam/redcross/atg/PDF_s/Preparedness___Disaster_Recovery/General_Preparedness___Recovery/Emotional/Helping_children_cope_with_disaster_-_Tagalog.pdf)
* [Vietnamese](https://www.redcross.org/content/dam/redcross/atg/PDF_s/Preparedness___Disaster_Recovery/General_Preparedness___Recovery/Emotional/Helping_children_cope_with_disaster_-_Vietnamese.pdf)
* [NCLA-Duke National Center for Child Traumatic Stress](http://nctsnet.org)
* [WeRepair.org: Talking to Kids About Gun Violence (includes resource list)](https://werepair.org/wp-content/uploads/2018/11/Talking-to-Kids-about-Gun-Violence.pdf)
* [American Psychological Association (APA) resources for coping with mass shootings, understanding gun violenc](https://www.apa.org/topics/gun-violence-crime/mass-shooting-resources)e
* [¡Colorín Colorado!: 15 Tips for Talking with Children About Violence](https://www.colorincolorado.org/article/15-tips-talking-children-about-school-violence) / [en Español](https://www.colorincolorado.org/es/articulo/15-consejos-para-hablar-con-sus-hijos-sobre-la-violencia-escolar)
* Includes resources specific to Uvalde & Buffalo shootings
* [Society of Pediatric Nurses Gun Violence Resources](http://www.pedsnurses.org/page/gun-violence)
* [SAHM Mental Health Resources For Adolescents and Young Adults](https://www.adolescenthealth.org/Resources/Clinical-Care-Resources/Mental-Health/Mental-Health-Resources-For-Adolesc.aspx) - lots of resources in here
* [ALSC Tough Topics Booklists (includes lists for gr. K-2, 3-5 & 6-8)](https://www.ala.org/alsc/publications-resources/book-lists/toughtopics2019) - each list includes resources at the end
* [American School Counselor Association: Helping Students After a School Shooting](https://www.schoolcounselor.org/Publications-Research/Publications/Free-ASCA-Resources/After-a-School-Shooting)
* Also see NCTSN list below

Articles/individual resources

* [Sesame Street in Communities: Traumatic Experiences](https://sesamestreetincommunities.org/topics/traumatic-experiences/)
* NPR: [An expert in child trauma looks at how parents can support kids in Uvalde and elsewhere](https://www.npr.org/live-updates/uvalde-texas-school-shooting-05-25-2022#an-expert-in-child-trauma-looks-at-how-parents-can-support-kids-in-uvalde-and-elsewhere)
* NPR: [What to say to kids about school shootings to ease their stress](https://www.npr.org/sections/health-shots/2022/05/26/1101306073/what-to-say-to-kids-about-school-shootings-to-ease-their-stress)
* NPR: Cómo hablar con los niños cuando las noticias dan miedo. Una guía bilingüe
* [Child Mind Institute - How to Talk to Kids About School Shootings](https://childmind.org/article/anxiety-school-shooting/) - includes help for parents/caregivers to reduce their own anxiety
* [Boston Globe: How to Talk to Kids About Gun Violence](https://www.bostonglobe.com/2022/05/25/lifestyle/how-talk-kids-about-gun-violence/)
* [National Center for School Crisis & Bereavement: Talking to children about terrorist attacks and school and community shootings in the news](https://www.schoolcrisiscenter.org/wp-content/uploads/2020/08/Guidelines-Talking-to-Kids-About-Attacks-Two-Sided-Onesheet-Format.pdf)
* [(Healthychildren.org) For Teens: Creating Your Personal Stress-Management Plan](https://www.healthychildren.org/English/healthy-living/emotional-wellness/Building-Resilience/Pages/For-Teens-Creating-Your-Personal-Stress-Management-Plan.aspx)
* [Mental Health First Aid: Five Tips to help Teens Cope with Stress](https://www.mentalhealthfirstaid.org/2019/06/five-tips-to-help-teens-cope-with-stress/)

Misc & Book Lists

* [Sesame Street Monster Meditations YouTube playlist](https://www.youtube.com/watch?v=3EKPfQYi7GQ)
* [Suffolk Overdrive Collection: Dealing with Difficult Feelings](https://livebrary.overdrive.com/library/kids/collection/1325855) (kids)
* [ALSC Tough Topics Booklists (includes lists for gr. K-2, 3-5 & 6-8)](https://www.ala.org/alsc/publications-resources/book-lists/toughtopics2019)
* [Chicago Public Library Coping with Stress & Anxiety: Recommended Books for Teens](https://chipublib.bibliocommons.com/list/share/200121216/1784753969)
* [NowPsych 12 Anxiety Books for Teens](https://nowpsych.com/anxiety-books-for-teens/)
* [Brooklyn Public Library Picture Books to Help Talk about Racialized Violence/Gun Violence](https://www.bklynlibrary.org/search?booklist=575373)
* [Brooklyn Public Library How to Talk About: Gun Violence (for Littles)](https://www.bklynlibrary.org/search?booklist=576363)
* [Brooklyn Public Library Picture Books about Grief, Trauma and Loss](https://www.bklynlibrary.org/search?booklist=covid)
* [#ARMEWITHBOOKS: a book list for young people in the age of school shootings](https://static1.squarespace.com/static/5be9b4aca2772c09d1c1d6ee/t/5c65a0dbe4966b71e8fee2e2/1550164212416/#ARMMEWITHBOOKS.pdf) includes lists of Picture Books, Middlegrade & Young Adult
* [#ARMMEWITHGAMES:](https://static1.squarespace.com/static/5be9b4aca2772c09d1c1d6ee/t/5c633f9615fcc055fd8e8f83/1550008215459/%23ArmMeWithGames.pdf) Leading game designers, researchers, and educators recommend 20 empathy and social-emotional learning games for young people growing up in the shadow of lockdown drills and school shootings. Includes games for High School, Middle School & Up, and Elementary School.

**National Child Traumatic Stress Network Resource List:**

In response to the Robb Elementary School shooting in Uvalde Texas, the National Child Traumatic Stress Network has developed resources to help children, families, educators, and communities navigate what they are seeing and hearing, acknowledge their feelings, and find ways to cope together. These resources include:

* [Talking to Children about the Shooting](https://urldefense.com/v3/__https%3A/nam11.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__https*3A*2Fnam11.safelinks.protection.outlook.com*2F*3Furl*3Dhttp*3A*2F*2Fwww.nctsn.org*2Fsites*2Fdefault*2Ffiles*2Fassets*2Fpdfs*2Ftalking_to_children_about_the_shooting.pdf*26data*3D04*7C01*7Cjames.henry*40wmich.edu*7C778118e4202c4e67efa608d9b44a0ee1*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637739052603849019*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*26sdata*3Dyb*2B4M7JA2ncB2GgHEbB1sPFgspu5VPtUm6vBXs*2FVY2w*3D*26reserved*3D0__*3BJSUlJSUlJSUlJSUlJSUlJSUlJSUlJSUl!!F9wkZZsI-LA!S0ez0EkgYcoJQqCliLyWQGcPOIQilAz-QMZ3GihleehIPx3OI_orGZ1W6zQDQYB9ml1S*24&data=04*7C01*7Cjames.henry*40wmich.edu*7Cd211fee17b5e42b56c9708d9bc049985*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637747550359944141*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000&sdata=vVcC8wf14t2hxm6d*2BnDVmTR2oUodzsi4l5hnrIR2nOc*3D&reserved=0__;JSUlJSUlJSUlJSoqKioqKioqKiUlKioqKioqKioqKioqJSUqKiolJSUlJSUlJSUlJSUlJSUlJSU!!F9wkZZsI-LA!WLN-m7mcj34zxZ_vuGozR808BlN5tLgRjC4KShGKA5LpEZshoFC5ViPePI9l15vLreV4$)
* [Helping Youth After a Community Trauma: Tips for Educators](https://urldefense.com/v3/__https%3A/nam11.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__https*3A*2Fnam11.safelinks.protection.outlook.com*2F*3Furl*3Dhttps*3A*2F*2Fwww.nctsn.org*2Fresources*2Fhelping-youth-after-community-trauma-tips-educators*26data*3D04*7C01*7Cjames.henry*40wmich.edu*7C778118e4202c4e67efa608d9b44a0ee1*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637739052603858978*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*26sdata*3DmNcltU1dL1XaakucVA2*2BWj*2FiQiT5rfjld75ihNKTB14*3D*26reserved*3D0__*3BJSUlJSUlJSUlJSUlJSUlJSUlJSU!!F9wkZZsI-LA!S0ez0EkgYcoJQqCliLyWQGcPOIQilAz-QMZ3GihleehIPx3OI_orGZ1W6zQDQXBozk_E*24&data=04*7C01*7Cjames.henry*40wmich.edu*7Cd211fee17b5e42b56c9708d9bc049985*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637747550359944141*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000&sdata=2SZws6ZNQM49f5gLRYe30Xq7A6sDnTlWKdcHPwNivpo*3D&reserved=0__;JSUlJSUlJSUlJSoqKioqJSUqKioqKioqKioqKiolJSoqKiUlJSUlJSUlJSUlJSUlJSUl!!F9wkZZsI-LA!WLN-m7mcj34zxZ_vuGozR808BlN5tLgRjC4KShGKA5LpEZshoFC5ViPePI9l1we2zQhv$) ([En Español](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_helping-2Dyouth-2Dafter-2Dcommunity-2Dtrauma-2Dtips-2Deducators-2Dsp&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=oROymBsClAWmXdfu_krqr7TmgYT0wDeAT3CCF1vNayc&e=))
* [Talking to Children: When Scary Things Happen](https://urldefense.proofpoint.com/v2/url?u=https-3A__drive.google.com_file_d_1Mc8dsD-2DAYBupNgXeI97BrVmKvoGWQrgw_view&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=7oY4WHuP9I1kMvLzVz6KAmZqYhNrEprADWWmKjpdMoA&e=) ([En Español)](https://urldefense.proofpoint.com/v2/url?u=https-3A__drive.google.com_file_d_181pGktEIcnqxyRmQJuaBJ6d0Vjg5K-2Dz6_view&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=Xh6QjnRPiySdjOMvd21MK8n1OZJvLepdRqHf18v9Yn0&e=)
* [Talking to Teens about Violence](https://urldefense.proofpoint.com/v2/url?u=https-3A__drive.google.com_file_d_1fnP6HTUyJO-2DsdRJ0bgYJ6V8UrSIWTjJv_view&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=s0pNsMFnINHURxJjd-RvN8R20YqobtAwGUqD8KHjg8o&e=) ([En Español)](https://urldefense.proofpoint.com/v2/url?u=https-3A__ibsweb.colorado.edu_crw_wp-2Dcontent_uploads_sites_7_2021_04_CRWS-5FSpanish-5FTalking-2Dto-2DTeens-5FViolent-2DEvents.pdf&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=ubTHlZJLHW61zSDp7TK49GRMKPbEpa2cYMr93_Qxe44&e=)
* [Tips for Talking to Students about Violence](https://urldefense.proofpoint.com/v2/url?u=https-3A__drive.google.com_file_d_1DO7aqM23ad4Q5wWZyHR1ghFscQtWdALZ_view&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=yG5K0KYKX0pCeUHYp95dLMMi1HJoe3j_LeqK2E3Lk8M&e=)
* [Coping After Mass Violence](https://urldefense.com/v3/__https%3A/nam12.safelinks.protection.outlook.com/?url=https*3A*2F*2Fwww.nctsn.org*2Fresources*2Fcoping-after-mass-violence&data=05*7C01*7Cmsommerville*40bestselfwny.org*7C9cc7b3a66ee1407b93cd08da384060f6*7C5fde4e13381544908af9179c523986a4*7C0*7C0*7C637884147173072305*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*7C*7C*7C&sdata=TuXvdiCTQsw7noOO1y0m13M4xmu9K2pYNAnmRejFQaY*3D&reserved=0__;JSUlJSUlJSUlJSUlJSUlJSUlJSUl!!F9wkZZsI-LA!DvCYO2OfdJmlrFhVf6w3GdstfuUP-Cklkd8EVz5hJEkymxQ9x6lDGR76_lpaCGtN6slPBMX2a35VF5Toy6yGMQiqZUs4xbGPJQ$): For Adults
* [For Teens: Coping After Mass Violence](https://urldefense.com/v3/__https%3A/nam12.safelinks.protection.outlook.com/?url=https*3A*2F*2Fwww.nctsn.org*2Fsites*2Fdefault*2Ffiles*2Fresources*2Ffact-sheet*2Ffor_teens_coping_after_mass_violence.pdf&data=05*7C01*7Cmsommerville*40bestselfwny.org*7C9cc7b3a66ee1407b93cd08da384060f6*7C5fde4e13381544908af9179c523986a4*7C0*7C0*7C637884147173072305*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*7C*7C*7C&sdata=gToiz4ZLD*2BiD*2FsLKbmX5N0jp5MRToKjSiqTU6o05utI*3D&reserved=0__;JSUlJSUlJSUlJSUlJSUlJSUlJSUlJSUlJSUl!!F9wkZZsI-LA!DvCYO2OfdJmlrFhVf6w3GdstfuUP-Cklkd8EVz5hJEkymxQ9x6lDGR76_lpaCGtN6slPBMX2a35VF5Toy6yGMQiqZUvy23uhjQ$)([En Español](https://urldefense.com/v3/__https%3A/nam12.safelinks.protection.outlook.com/?url=https*3A*2F*2Fwww.nctsn.org*2Fresources*2Ffor-teens-coping-after-mass-violence-sp&data=05*7C01*7Cmsommerville*40bestselfwny.org*7C9cc7b3a66ee1407b93cd08da384060f6*7C5fde4e13381544908af9179c523986a4*7C0*7C0*7C637884147173072305*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*7C*7C*7C&sdata=sMS9wPkteyHjOSvAzs0p2pjBTX0UKNb04mP4vUPfP2g*3D&reserved=0__;JSUlJSUlJSUlJSUlJSUlJSUlJSUl!!F9wkZZsI-LA!DvCYO2OfdJmlrFhVf6w3GdstfuUP-Cklkd8EVz5hJEkymxQ9x6lDGR76_lpaCGtN6slPBMX2a35VF5Toy6yGMQiqZUugOTKsJw$))
* [Helping School-Age Children with Traumatic Grief: Tips for Caregivers](https://urldefense.com/v3/__https%3A/nam11.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__https*3A*2Fnam11.safelinks.protection.outlook.com*2F*3Furl*3Dhttps*3A*2F*2Fwww.nctsn.org*2Fresources*2Fhelping-school-age-children-traumatic-grief-tips-caregivers*26data*3D04*7C01*7Cjames.henry*40wmich.edu*7C778118e4202c4e67efa608d9b44a0ee1*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637739052603868934*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*26sdata*3Dfg3WJyHF5fNqJc9QGrBUXFxPqcvieTxPTynNbIe8NX8*3D*26reserved*3D0__*3BJSUlJSUlJSUlJSUlJSUlJSUl!!F9wkZZsI-LA!S0ez0EkgYcoJQqCliLyWQGcPOIQilAz-QMZ3GihleehIPx3OI_orGZ1W6zQDQdED9yiS*24&data=04*7C01*7Cjames.henry*40wmich.edu*7Cd211fee17b5e42b56c9708d9bc049985*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637747550359944141*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000&sdata=HW2f3xvaPdZTnj*2BFrGwd9ppIIRwSxFWa2R5UGiduMdA*3D&reserved=0__;JSUlJSUlJSUlJSoqKioqJSUqKioqKioqKioqKiolJSolJSUlJSUlJSUlJSUlJSUlJSU!!F9wkZZsI-LA!WLN-m7mcj34zxZ_vuGozR808BlN5tLgRjC4KShGKA5LpEZshoFC5ViPePI9l1xz66sbk$) ([En Español](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_helping-2Dschool-2Dage-2Dchildren-2Dtraumatic-2Dgrief-2Dtips-2Dcaregivers-2Dsp&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=BAPzKp4gdB0xdCIxnRGrZ4JNLUUkxcp9NmRbXAGJk1Y&e=))
* [Helping Teens with Traumatic Grief: Tips for Caregivers](https://urldefense.com/v3/__https%3A/nam11.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__https*3A*2Fnam11.safelinks.protection.outlook.com*2F*3Furl*3Dhttps*3A*2F*2Fwww.nctsn.org*2Fresources*2Fhelping-teens-traumatic-grief-tips-caregivers*26data*3D04*7C01*7Cjames.henry*40wmich.edu*7C778118e4202c4e67efa608d9b44a0ee1*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637739052603858978*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*26sdata*3DFolYCzlhYQScOaNc3TL4ETkm9KZ7YiukUDm9*2F*2FwFxms*3D*26reserved*3D0__*3BJSUlJSUlJSUlJSUlJSUlJSUlJSU!!F9wkZZsI-LA!S0ez0EkgYcoJQqCliLyWQGcPOIQilAz-QMZ3GihleehIPx3OI_orGZ1W6zQDQTb9_diS*24&data=04*7C01*7Cjames.henry*40wmich.edu*7Cd211fee17b5e42b56c9708d9bc049985*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637747550359944141*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000&sdata=SSEhfmZ6QqA3sKJsndMK*2Bd2dvt1vZu3llSK*2BMAxplL4*3D&reserved=0__;JSUlJSUlJSUlJSoqKioqJSUqKioqKioqKioqKiolJSoqKiUlJSUlJSUlJSUlJSUlJSUlJSU!!F9wkZZsI-LA!WLN-m7mcj34zxZ_vuGozR808BlN5tLgRjC4KShGKA5LpEZshoFC5ViPePI9l12YbIfJJ$)([En Español](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_sites_default_files_resources_tip-2Dsheet_helping-2Dteens-2Dwith-2Dtraumatic-2Dgrief-2Dfor-2Dcaregivers-2Dsp.pdf&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=Q4_zYXjJuMCQagW5RV9LHbB9U_NYVx_fD2gc4waHfT0&e=))
* [Helping Young Children with Traumatic Grief: Tips for Caregivers](https://urldefense.com/v3/__https%3A/nam11.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__https*3A*2Fnam11.safelinks.protection.outlook.com*2F*3Furl*3Dhttps*3A*2F*2Fwww.nctsn.org*2Fresources*2Fhelping-young-children-traumatic-grief-tips-caregivers*26data*3D04*7C01*7Cjames.henry*40wmich.edu*7C778118e4202c4e67efa608d9b44a0ee1*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637739052603868934*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*26sdata*3Dw0elNUIRxgQ6jnZcmTB9hMxipKDxQ9UV4DPaa0fwWxw*3D*26reserved*3D0__*3BJSUlJSUlJSUlJSUlJSUlJSUl!!F9wkZZsI-LA!S0ez0EkgYcoJQqCliLyWQGcPOIQilAz-QMZ3GihleehIPx3OI_orGZ1W6zQDQaSVV8lj*24&data=04*7C01*7Cjames.henry*40wmich.edu*7Cd211fee17b5e42b56c9708d9bc049985*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637747550359944141*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000&sdata=M97KpznXEkhD6wJYOEqelNXJp2*2BIqX6u4C*2FlaePgmPk*3D&reserved=0__;JSUlJSUlJSUlJSoqKioqJSUqKioqKioqKioqKiolJSolJSUlJSUlJSUlJSUlJSUlJSUl!!F9wkZZsI-LA!WLN-m7mcj34zxZ_vuGozR808BlN5tLgRjC4KShGKA5LpEZshoFC5ViPePI9l18b6ChQl$) ([En Español](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_helping-2Dyoung-2Dchildren-2Dtraumatic-2Dgrief-2Dtips-2Dcaregivers-2Dsp&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=Sjhc5b7saxdiBZb90ogB0lKIluepOcRzTpfWuF7hI-s&e=))
* [Guiding Adults in Talking to Children about Death and Attending Services](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_guiding-2Dadults-2Dtalking-2Dchildren-2Dabout-2Ddeath-2Dand-2Dattending-2Dservices&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=9JifPj7Lkl4p_-Bwkb7edaqvuXKY3uCOPrk0QgkJylA&e=)
* [After a Crisis: Helping Young Children Heal](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_after-2Dcrisis-2Dhelping-2Dyoung-2Dchildren-2Dheal&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=7Mh8GGlID-LOrhEXHYFVnNFdU6A6z6aQQXvON4-H-jI&e=)
* [Age-Related Reactions to a Traumatic Event](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_age-2Drelated-2Dreactions-2Dtraumatic-2Devent&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=ewiboopuakpK9pltQ2ty4B6fAzaaeFURz-0ZntJzoOc&e=)
* [Once I Was Very Very Scared](https://urldefense.proofpoint.com/v2/url?u=https-3A__piploproductions.com_stories_once_&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=l3pbL4wzE233B9c05ozl07sQBjCOvRKc_uRlLUmYLw0&e=) – children’s book for young children
* [After the Injury](https://urldefense.com/v3/__https%3A/nam11.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__https*3A*2Fnam11.safelinks.protection.outlook.com*2F*3Furl*3Dhttps*3A*2F*2Furldefense.proofpoint.com*2Fv2*2Furl*3Fu*3Dhttps-3A__www.aftertheinjury.org_*26d*3DDwMFAg*26c*3DUXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y*26r*3DhzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q*26m*3DvyKoXFUQ-CzUQsUEsU_VwEifMStVNuB6XZZtDuIDrTY*26s*3DOxewveOLl5qhWnb0E6kxhePnmq9kv3YDkXSNS7AIfDU*26e*3D*26data*3D04*7C01*7Cjames.henry*40wmich.edu*7C778118e4202c4e67efa608d9b44a0ee1*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637739052603878891*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*26sdata*3Dk7Oc1SjtH8MpjiYYO0XX7hQ8OWJsqoJI23uaKig0BGA*3D*26reserved*3D0__*3BJSUlJSUlJSUlJSUlJSUlJSUlJSUlJSUlJSUlJSUlJSU!!F9wkZZsI-LA!S0ez0EkgYcoJQqCliLyWQGcPOIQilAz-QMZ3GihleehIPx3OI_orGZ1W6zQDQZCqRGua*24&data=04*7C01*7Cjames.henry*40wmich.edu*7Cd211fee17b5e42b56c9708d9bc049985*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637747550359944141*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000&sdata=keA0XubrL0Gx8YvMHuFK*2B6YBjkVZQ6K7MOgmRZIXfAA*3D&reserved=0__;JSUlJSUlJSUlJSoqKioqKioqKioqKioqKioqKiolJSoqKioqKioqKioqKiUlKiUlJSUlJSUlJSUlJSUlJSUlJQ!!F9wkZZsI-LA!WLN-m7mcj34zxZ_vuGozR808BlN5tLgRjC4KShGKA5LpEZshoFC5ViPePI9l188KlwQW$)—website for families with injured children
* [Health Care Toolbox](https://urldefense.com/v3/__https%3A/nam11.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__https*3A*2Fnam11.safelinks.protection.outlook.com*2F*3Furl*3Dhttps*3A*2F*2Furldefense.proofpoint.com*2Fv2*2Furl*3Fu*3Dhttps-3A__www.healthcaretoolbox.org_*26d*3DDwMFAg*26c*3DUXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y*26r*3DhzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q*26m*3DvyKoXFUQ-CzUQsUEsU_VwEifMStVNuB6XZZtDuIDrTY*26s*3DTo4qpM_pSNMYr-2Wu8Yq6yEKrS7FOZCM4Pxiq5SgFuM*26e*3D*26data*3D04*7C01*7Cjames.henry*40wmich.edu*7C778118e4202c4e67efa608d9b44a0ee1*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637739052603888848*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*26sdata*3DcrKZkT*2F9xlBsfqipiaAAAT6h6ETKg8LZGnngZQtQWck*3D*26reserved*3D0__*3BJSUlJSUlJSUlJSUlJSUlJSUlJSUlJSUlJSUlJSUlJSUl!!F9wkZZsI-LA!S0ez0EkgYcoJQqCliLyWQGcPOIQilAz-QMZ3GihleehIPx3OI_orGZ1W6zQDQVeOEJCl*24&data=04*7C01*7Cjames.henry*40wmich.edu*7Cd211fee17b5e42b56c9708d9bc049985*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637747550359944141*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000&sdata=wAETX0H4b3mVzpMM5Dl109Y5j8CFpVNKG*2FKPGl2Yqtw*3D&reserved=0__;JSUlJSUlJSUlJSoqKioqKioqKioqKioqKioqKiolJSoqKioqKioqKioqKiUlKiolJSUlJSUlJSUlJSUlJSUlJSU!!F9wkZZsI-LA!WLN-m7mcj34zxZ_vuGozR808BlN5tLgRjC4KShGKA5LpEZshoFC5ViPePI9l13B9jNuo$)—website for pediatric health providers working with injured children
* [Pause-Reset-Nourish (PRN) to Promote Wellbeing](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_pause-2Dreset-2Dnourish-2Dto-2Dpromote-2Dwellbeing-2Duse-2Das-2Dneeded-2Dto-2Dcare-2Dfor-2Dyour-2Dwellness&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=Dfjt5lCQtTT4ie_G-u1Zjy4Uv5__plHyBVnTGekR1ZU&e=)([En Español](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_prn-2Dto-2Dpromote-2Dwellbeing-2Das-2Dneeded-2Dto-2Dcare-2Dfor-2Dyour-2Dwellness-2Dsp&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=a4AZoa0SKtuQf84EIaX52d-kmMXhPn3ifcPZHcrUN7M&e=)) *(for responders)*

**Psychological First Aid**

The NCTSN also has resources for responders on [Psychological First Aid](https://urldefense.com/v3/__https%3A/www.nctsn.org/resources/psychological-first-aid-pfa-field-operations-guide-2nd-edition__;!!F9wkZZsI-LA!SIUd2q2njiJ43vJbtUGCEzLFZoCI14Jsv1upSAIdkNbS-wUig4YMKjsW27WviG5a6caP$) (PFA; [En Español](https://urldefense.com/v3/__https%3A/www.nctsn.org/resources/primeros-auxilios-psicologicos-guia-de-operaciones-practicas-2da-edicion__;!!F9wkZZsI-LA!SIUd2q2njiJ43vJbtUGCEzLFZoCI14Jsv1upSAIdkNbS-wUig4YMKjsW27WviGtpkaxs$)). PFA is an early intervention to support children, adolescents, adults, and families impacted by these types of events. [PFA Mobile](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_pfa-2Dmobile&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=uBvzWBFwYE0Uj9LPLNiL_MXFo7b7l4gK6eFJ3UtAcko&e=) and the [PFA Wallet Card](https://urldefense.com/v3/__https%3A/www.nctsn.org/resources/psychological-first-aid-pfa-wallet-card__;!!F9wkZZsI-LA!SIUd2q2njiJ43vJbtUGCEzLFZoCI14Jsv1upSAIdkNbS-wUig4YMKjsW27WviLYN40Vn$) ([En Español)](https://urldefense.com/v3/__https%3A/www.nctsn.org/resources/psychological-first-aid-pfa-wallet-card-sp__;!!F9wkZZsI-LA!SIUd2q2njiJ43vJbtUGCEzLFZoCI14Jsv1upSAIdkNbS-wUig4YMKjsW27WviHEcE2bq$) provide a quick reminder of the core actions. The [PFA online training](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nctsn.org_resources_psychological-2Dfirst-2Daid-2Dpfa-2Donline&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=vYlE5Suzssph6FeTwzU4--_jH4D1FwKXONPDzMCkfAY&e=) course is also available on the NCTSN Learning Center.

Additional PFA resources for schools include:

* [Psychological First Aid for Schools](https://urldefense.com/v3/__https%3A/nam11.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__https*3A*2Fnam11.safelinks.protection.outlook.com*2F*3Furl*3Dhttp*3A*2F*2Fwww.nctsn.org*2Fcontent*2Fpsychological-first-aid-schoolspfa*26data*3D04*7C01*7Cjames.henry*40wmich.edu*7C778118e4202c4e67efa608d9b44a0ee1*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637739052603908760*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*26sdata*3DqzPtH8U74mBqWBNCU*2BHXsqi6zCw2lmBfuCJXIpVEwSQ*3D*26reserved*3D0__*3BJSUlJSUlJSUlJSUlJSUlJSUlJQ!!F9wkZZsI-LA!S0ez0EkgYcoJQqCliLyWQGcPOIQilAz-QMZ3GihleehIPx3OI_orGZ1W6zQDQfNqRFKn*24&data=04*7C01*7Cjames.henry*40wmich.edu*7Cd211fee17b5e42b56c9708d9bc049985*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637747550359944141*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000&sdata=ZJnW1S0ziBkDC68GBYD3bmwZSLasrauLiV7YbReCf0c*3D&reserved=0__;JSUlJSUlJSUlJSoqKioqJSUqKioqKioqKioqKiolJSoqJSUlJSUlJSUlJSUlJSUlJSU!!F9wkZZsI-LA!WLN-m7mcj34zxZ_vuGozR808BlN5tLgRjC4KShGKA5LpEZshoFC5ViPePI9l17IpUmQw$) (PFA-S) – Field operations guide
* [Providing PFA-S: For Health-Related Professionals](https://urldefense.com/v3/__https%3A/nam11.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__https*3A*2Fnam11.safelinks.protection.outlook.com*2F*3Furl*3Dhttps*3A*2F*2Fwww.nctsn.org*2Fresources*2Fproviding-psychological-first-aid-health-related-professionals*26data*3D04*7C01*7Cjames.henry*40wmich.edu*7C778118e4202c4e67efa608d9b44a0ee1*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637739052603908760*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*26sdata*3DXb94mLfiTsjo*2BjWn9qT6w4HeP0XxZo1HHfDnZ5PJARg*3D*26reserved*3D0__*3BJSUlJSUlJSUlJSUlJSUlJSUlJQ!!F9wkZZsI-LA!S0ez0EkgYcoJQqCliLyWQGcPOIQilAz-QMZ3GihleehIPx3OI_orGZ1W6zQDQTKAt8_p*24&data=04*7C01*7Cjames.henry*40wmich.edu*7Cd211fee17b5e42b56c9708d9bc049985*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637747550359944141*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000&sdata=ErbDIAEleftoDIzwD67Z*2BcD6oIO3GRJWNgxEuf3nUqI*3D&reserved=0__;JSUlJSUlJSUlJSoqKioqJSUqKioqKioqKioqKiolJSoqJSUlJSUlJSUlJSUlJSUlJSUl!!F9wkZZsI-LA!WLN-m7mcj34zxZ_vuGozR808BlN5tLgRjC4KShGKA5LpEZshoFC5ViPePI9l15gXwu7N$) – handout
* [Providing PFA-S: For Principals and Administrators](https://urldefense.com/v3/__https%3A/nam11.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__https*3A*2Fnam11.safelinks.protection.outlook.com*2F*3Furl*3Dhttps*3A*2F*2Fwww.nctsn.org*2Fresources*2Fproviding-psychological-first-aid-principals-and-administrators*26data*3D04*7C01*7Cjames.henry*40wmich.edu*7C778118e4202c4e67efa608d9b44a0ee1*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637739052603918719*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*26sdata*3D91S0rYhwnRrweA8*2B*2Bjy9s*2FP8uvFukdtcpHlDatyaahI*3D*26reserved*3D0__*3BJSUlJSUlJSUlJSUlJSUlJSUlJSUl!!F9wkZZsI-LA!S0ez0EkgYcoJQqCliLyWQGcPOIQilAz-QMZ3GihleehIPx3OI_orGZ1W6zQDQbmHGbQh*24&data=04*7C01*7Cjames.henry*40wmich.edu*7Cd211fee17b5e42b56c9708d9bc049985*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637747550359944141*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000&sdata=X2sZUiDuRiI5w6Iw9x40MbjnuSMQESyfBB4vz1hJcSY*3D&reserved=0__;JSUlJSUlJSUlJSoqKioqJSUqKioqKioqKioqKiolJSoqKiolJSUlJSUlJSUlJSUlJSUlJQ!!F9wkZZsI-LA!WLN-m7mcj34zxZ_vuGozR808BlN5tLgRjC4KShGKA5LpEZshoFC5ViPePI9l1_LwA0fb$) – handout
* [Providing PFA-S: For School Support Staff](https://urldefense.com/v3/__https%3A/nam11.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__https*3A*2Fnam11.safelinks.protection.outlook.com*2F*3Furl*3Dhttps*3A*2F*2Fwww.nctsn.org*2Fresources*2Fproviding-psychological-first-aid-support-staff*26data*3D04*7C01*7Cjames.henry*40wmich.edu*7C778118e4202c4e67efa608d9b44a0ee1*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637739052603928673*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*26sdata*3DFkjggCfxFvBHkgTR3w*2FInBCpC2FMJwCsKkm*2BvF6p8mE*3D*26reserved*3D0__*3BJSUlJSUlJSUlJSUlJSUlJSUlJSU!!F9wkZZsI-LA!S0ez0EkgYcoJQqCliLyWQGcPOIQilAz-QMZ3GihleehIPx3OI_orGZ1W6zQDQSQowxwT*24&data=04*7C01*7Cjames.henry*40wmich.edu*7Cd211fee17b5e42b56c9708d9bc049985*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637747550359944141*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000&sdata=DLEQtTUItpmnwU1nz85Z5plV*2Fy0zNDAVNFACBHXp0x0*3D&reserved=0__;JSUlJSUlJSUlJSoqKioqJSUqKioqKioqKioqKiolJSoqKiUlJSUlJSUlJSUlJSUlJSUlJQ!!F9wkZZsI-LA!WLN-m7mcj34zxZ_vuGozR808BlN5tLgRjC4KShGKA5LpEZshoFC5ViPePI9l13eTJsuR$) – handout
* [Providing PFA-S: For Teachers](https://urldefense.com/v3/__https%3A/nam11.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__https*3A*2Fnam11.safelinks.protection.outlook.com*2F*3Furl*3Dhttps*3A*2F*2Fwww.nctsn.org*2Fresources*2Fproviding-psychological-first-aid-teachers*26data*3D04*7C01*7Cjames.henry*40wmich.edu*7C778118e4202c4e67efa608d9b44a0ee1*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637739052603928673*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*26sdata*3D0BsljnmD5p3MoIveW126DL*2FlPNo5GMexrWZLH*2FPctm8*3D*26reserved*3D0__*3BJSUlJSUlJSUlJSUlJSUlJSUlJSU!!F9wkZZsI-LA!S0ez0EkgYcoJQqCliLyWQGcPOIQilAz-QMZ3GihleehIPx3OI_orGZ1W6zQDQWzGUJQL*24&data=04*7C01*7Cjames.henry*40wmich.edu*7Cd211fee17b5e42b56c9708d9bc049985*7C257622517aa94c72905f39bf026a8a84*7C0*7C0*7C637747550359944141*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000&sdata=5Z7iGV2DtfswZjEi7RGkIUgchUgtLpIp6T46FPFI8yA*3D&reserved=0__;JSUlJSUlJSUlJSoqKioqJSUqKioqKioqKioqKiolJSoqKiUlJSUlJSUlJSUlJSUlJSUl!!F9wkZZsI-LA!WLN-m7mcj34zxZ_vuGozR808BlN5tLgRjC4KShGKA5LpEZshoFC5ViPePI9l16UVQ7yl$) - handout

**From the National Mass Violence and Victimization Resource Center**

* [Transcend](https://urldefense.proofpoint.com/v2/url?u=https-3A__apps.apple.com_us_app_transcend-2Dnmvc_id1504741131&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=3Sh7cDurB-gJBgdgMaoOpajPZ0O6db_YSf4UmDV1jZo&e=) (mobile app to assist with recovery after mass violence)
* [Rebuild your Community: Resources for Community Leaders](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nmvvrc.org_community-2Dleaders_rebuild-2Dyour-2Dcommunity_&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=IkdY-4JMqWWyheaeS8-gy5ROMiU6L91C_HkwMGUo5T8&e=)
* [Media Guidelines for Homicide Family Survivors](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nmvvrc.org_media_a4ncwv0g_mvi-5Fmedia-5Fts5.pdf&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=jxsLEL7vZcJS_4wcT_FIu9ADLzBHegsqih5TJqa3U-g&e=)
* [Timeline of Activities to Promote Mental Health Recovery](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nmvvrc.org_media_1jlfjdl1_tipsheet26.pdf&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=qwWmGdgoBeJwrxBkG4xzFQ3_JELnStr2lGtC_0VbJaM&e=)
* [Self-Help: Resources for Survivors](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nmvvrc.org_survivors_self-2Dhelp_&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=RjIUI0IcWp2aDgTxa-O7KtcbOCeSnyN34BODXL_gHCA&e=)
* [E-learning Courses: Trainings for Clinicians](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nmvvrc.org_vaps-2Dclinicians_online-2Dclinical-2Dtrainings_&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=OQG_uB8Z4ZyB7zPVqugWKhdRx4f5XKL0HWf4whnywN0&e=)
* [Resources for Victim Assistance Professionals](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.nmvvrc.org_vaps-2Dclinicians_vap-2Dresources_&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=o-joHTd1eEMGFc0v51EveUHDSWujTDCR0SEsLEA9bhM&e=)

**From the Center for the Study of Traumatic Stress at the Uniformed Services University**

* [Grief Leadership: Leadership in the Wake of Tragedy](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.cstsonline.org_resources_resource-2Dmaster-2Dlist_grief-2Dleadership-2Dleadership-2Din-2Dthe-2Dwake-2Dof-2Dtragedy&d=DwMFAg&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=vyKoXFUQ-CzUQsUEsU_VwEifMStVNuB6XZZtDuIDrTY&s=RbSqdJyXqroRvSJKxOf59YYDc9k4Yy0axZxAPiwA7nA&e=)
* [Leadership Communication: Anticipating and Responding to Stressful Events](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.cstsonline.org_resources_resource-2Dmaster-2Dlist_leadership-2Dcommunication-2Danticipating-2Dresponding-2Dstressful-2Devents&d=DwMFAg&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=vyKoXFUQ-CzUQsUEsU_VwEifMStVNuB6XZZtDuIDrTY&s=WQKWD_L8vzJrePqX6pFtKIMyAjgY-Pk2V33wk8OnzrQ&e=)
* [Coping with Stress Following a Mass Shooting](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.cstsonline.org_assets_media_documents_CSTS-5FFS-5FCoping-5Fwith-5FStress-5FFollowing-5FMass-5FShooting.pdf&d=DwMFAw&c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&r=kfJGJN9KhuSUT8L8gqHPnZCdGoVXuaG8cba5URUDktY&m=VcKUXNYfIxcO6Z6URXC5ljMYv68TFg_ZW_S-AcIeg8E&s=83W_rVLatdzZqXz4n-fFj0_mDCPtoUirTfgZj7DT67M&e=)

**Disaster Helpline**

SAMHSA has a [Disaster Distress Helpline](https://urldefense.proofpoint.com/v2/url?u=http-3A__www.samhsa.gov_find-2Dhelp_disaster-2Ddistress-2Dhelpline&d=DwMF-g&c=UXmaowRpu5bLSLEQRunJ2z-YIUZuUoa9Rw_x449Hd_Y&r=hzomOGg2G27ZjuZegYWWfu4EgrpiGCT_JunBM07Lj7Q&m=r3X-U3oDlhcjycUkEIzGDD25135Rd943BQxmDyB6YDE&s=3sF1UyI0cm1K-5ipHwWrYy5LnSmZfBOKWMFowxQjunY&e=) – call or text **1-800-985-5990** (for Spanish, press “2”) to be connected to a trained counselor 24/7/365.

[**National Association of School Psychologist**](https://www.nasponline.org/)

* [Recovery from large-scale crisis](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-safety-and-crisis/school-violence-resources/recovery-from-large-scale-crises-guidelines-for-crisis-teams-and-administrators)
* [Talking to Children about violence: Tips for Parents & teachers](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-safety-and-crisis/school-violence-resources/talking-to-children-about-violence-tips-for-parents-and-teachers)
* [Responding to a Mass casualty event at a school](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-safety-and-crisis/school-violence-resources/responding-to-a-mass-casualty-event-at-a-school-general-guidance-for-the-first-stage-of-recovery)
* [School safety Drills for students with ASD](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-safety-and-crisis/school-violence-resources/school-safety-drills-and-exercises-for-students-with-autism-spectrum-disorder-%28asd%29-tips-and-resources-for-educators) (autism spectrum disorder)
* [Using Social Media during and after](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-safety-and-crisis/media-and-social-media-resources/social-media-and-school-crises/using-social-media-before-during-and-after-school-crises)

Shared from First Book:

[Using Books to Support Students Through Grief, Loss, and Healing](https://go.firstbook.org/e/297582/NYLFDG/2ss8kk/721825270?h=ub2EHBNmEd_UKv_DYqKINx5O8Xw24DMHr7dDBB_WlrI)

[Tools to Support the Learning & Development of Students Experiencing Childhood and Adolescent Trauma](https://go.firstbook.org/e/297582/TraumaToolkit/2ss8kn/721825270?h=ub2EHBNmEd_UKv_DYqKINx5O8Xw24DMHr7dDBB_WlrI)

**Free Resources From the New York Life Foundation:**

[Bereavement resources to help support children and their families](https://go.firstbook.org/e/297582/foundation-bereavement-support/2ss8kr/721825270?h=ub2EHBNmEd_UKv_DYqKINx5O8Xw24DMHr7dDBB_WlrI)

**Free Resources From the National Center for School Crisis and Bereavement:**

[Talking to children about terrorist attacks and school and community shootings in the news](https://go.firstbook.org/e/297582/2022-05-25/2ss8kv/721825270?h=ub2EHBNmEd_UKv_DYqKINx5O8Xw24DMHr7dDBB_WlrI)

 **Additional Resources**

For those that are needing technical assistance or additional resources, please don’t hesitate to contact Dr. Melissa Brymer at mbrymer@mednet.ucla.edu.